



Start Presentation

1 Kings 19:1-4

1 When Ahab got home, he told Jezebel everything Elijah had done, including the way he had killed all the prophets of Baal.

2 So Jezebel sent this message to Elijah: “May the gods strike me and even kill me if by this time tomorrow I have not killed you just as you killed them.”

3 Elijah was afraid and fled for his life. He went to Beersheba, a town in Judah, and he left his servant there.

4 Then he went on alone into the wilderness, traveling all day. He sat down under a solitary broom tree and prayed that he might die. “I have had enough, LORD,” he said. “Take my life, for I am no better than my ancestors who have already died.”

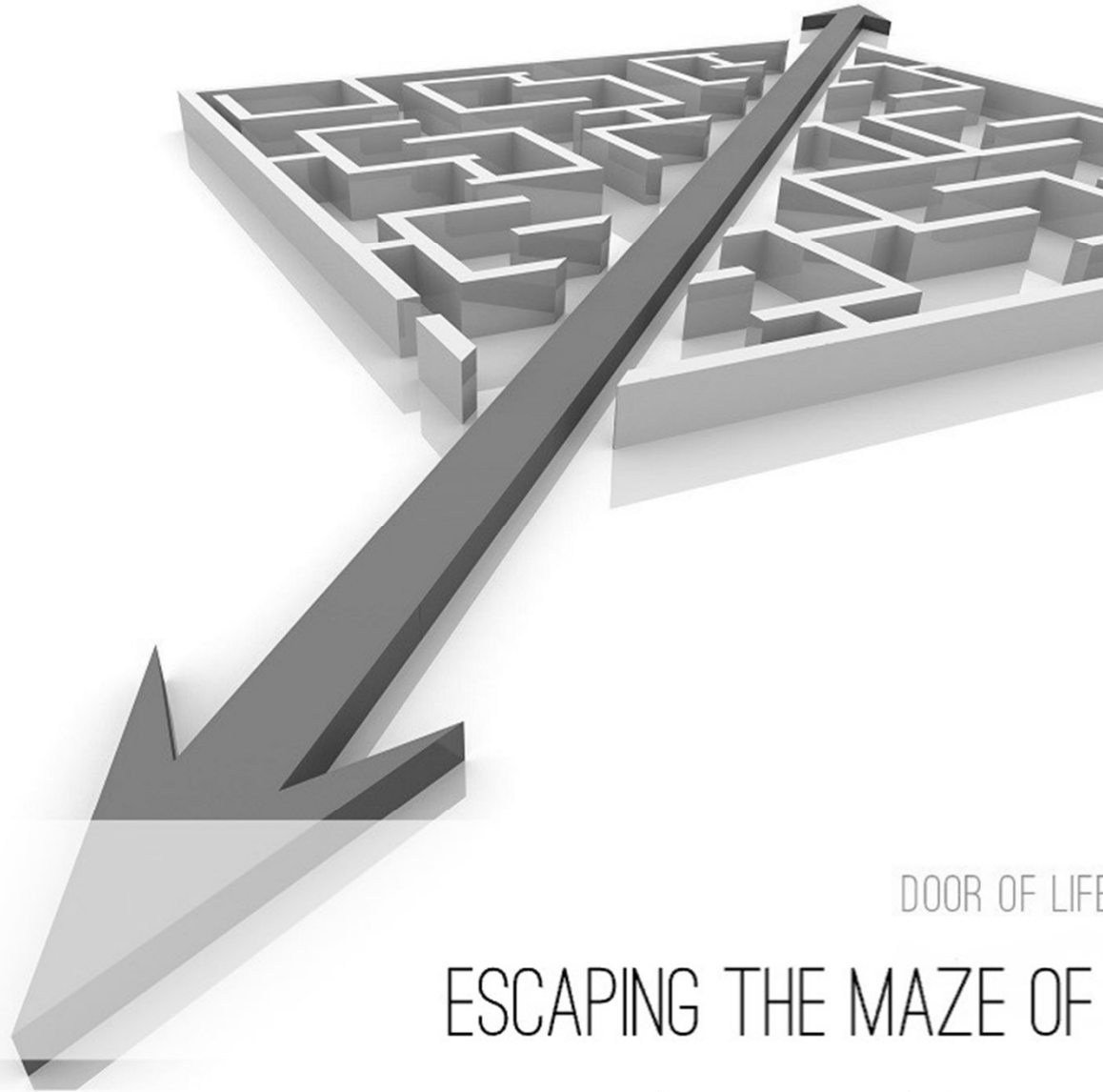
1 Kings 19:13-15, 18

13b ...a voice came to him, and said, “What are you doing here, Elijah?”

14 And he said, “I have been very zealous for the LORD God of hosts; because the children of Israel have forsaken Your covenant, torn down Your altars, and killed Your prophets with the sword. I alone am left; and they seek to take my life.”

15 Then the LORD said to him: “Go, return on your way to the Wilderness of Damascus; and when you arrive, anoint Hazael as king over Syria.

18 Yet I have reserved seven thousand in Israel, all whose knees have not bowed to Baal, and every mouth that has not kissed him.”



DOOR OF LIFE SUNDAY SERVICE

ESCAPING THE MAZE OF SELF-PITY

The Inward Spiral

The background features abstract geometric shapes in various shades of gray. On the left, a solid gray trapezoidal shape extends from the top edge. On the right, a complex arrangement of overlapping, semi-transparent gray polygons creates a layered effect. A thin, dark gray line starts from the bottom right and extends diagonally towards the center of the page.

James 3:13-16

13 Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom.

14 But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth.

15 This wisdom does not descend from above, but is earthly, sensual, demonic.

16 For where envy and self-seeking exist, confusion and every evil thing are there.

Ephesians 4:29-32

29 And never let ugly or hateful words come from your mouth, but instead let your words become beautiful gifts that encourage others; do this by speaking words of grace to help them.

30 The Holy Spirit of God has sealed you in Jesus Christ until you experience your full salvation. So never grieve the Spirit of God or take for granted his holy influence in your life.

31 Lay aside bitter words, temper tantrums, revenge, profanity, and insults.

32 But instead be kind and affectionate toward one another. Has God graciously forgiven you? Then graciously forgive one another in the depths of Christ's love. [TPT]

Hebrews 12:14-15

14 In every relationship be swift to choose peace over competition, and run swiftly toward holiness, for those who are not holy will not see the Lord.

15 Watch over each other to make sure that no one misses the revelation of God's grace. And make sure no one lives with a root of bitterness sprouting within them which will only cause trouble and poison the hearts of many. [TPT]

Hebrews 12:5-6

5 “My child, don’t underestimate the value of the discipline and training of the Lord God, or get depressed when he has to correct you.

6 For the Lord’s training of your life is the evidence of his faithful love. And when he draws you to himself, it proves you are his delightful child.”

The Straight Path Out

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Hebrews 12:10-13

10 For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness.

11 No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.

12 So take a new grip with your tired hands and strengthen your weak knees.

13 Mark out a straight path for your feet so that those who are weak and lame will not fall but become strong. [NLT]

Hebrews 12:13

Make straight paths for your feet, so that what is lame may not be dislocated, but rather be healed. [NKJ]

And cut through and make firm and plain and smooth, straight paths for your feet [yes, make them safe and upright and happy paths that go in the right direction], so that the lame and halting [limbs] may not be put out of joint, but rather may be cured. [AMP]

Acts 6:2-4,7

2 So the Twelve called a meeting of all the believers. They said, “We apostles should spend our time teaching the word of God, not running a food program.

3-4 And so, brothers, select seven men who are well respected and are full of the Spirit and wisdom. We will give them this responsibility. Then we apostles can spend our time in prayer and teaching the word.”

7 So God’s message continued to spread. The number of believers greatly increased in Jerusalem, and many of the Jewish priests were converted, too.

Psalm 42:5-6a

5 Why are you down in the dumps, dear soul?

Why are you crying the blues?

Fix my eyes on God—

soon I'll be praising again.

He puts a smile on my face.

He's my God.

6 When my soul is in the dumps, I rehearse

everything I know of you...

[Message]

1 Peter 2:21-23

21 For God called you to do good, even if it means suffering, just as Christ suffered for you. He is your example, and you must follow in his steps.

22 He never sinned, nor ever deceived anyone.

23 He did not retaliate when he was insulted, nor threaten revenge when he suffered.

He left his case in the hands of God, who always judges fairly.

Romans 12:19-21

19 Beloved, don't be obsessed with taking revenge, but leave that to God's righteous justice. For the Scriptures say:

**“If you don't take justice in your own hands,
I will release justice for you,” says the Lord.**

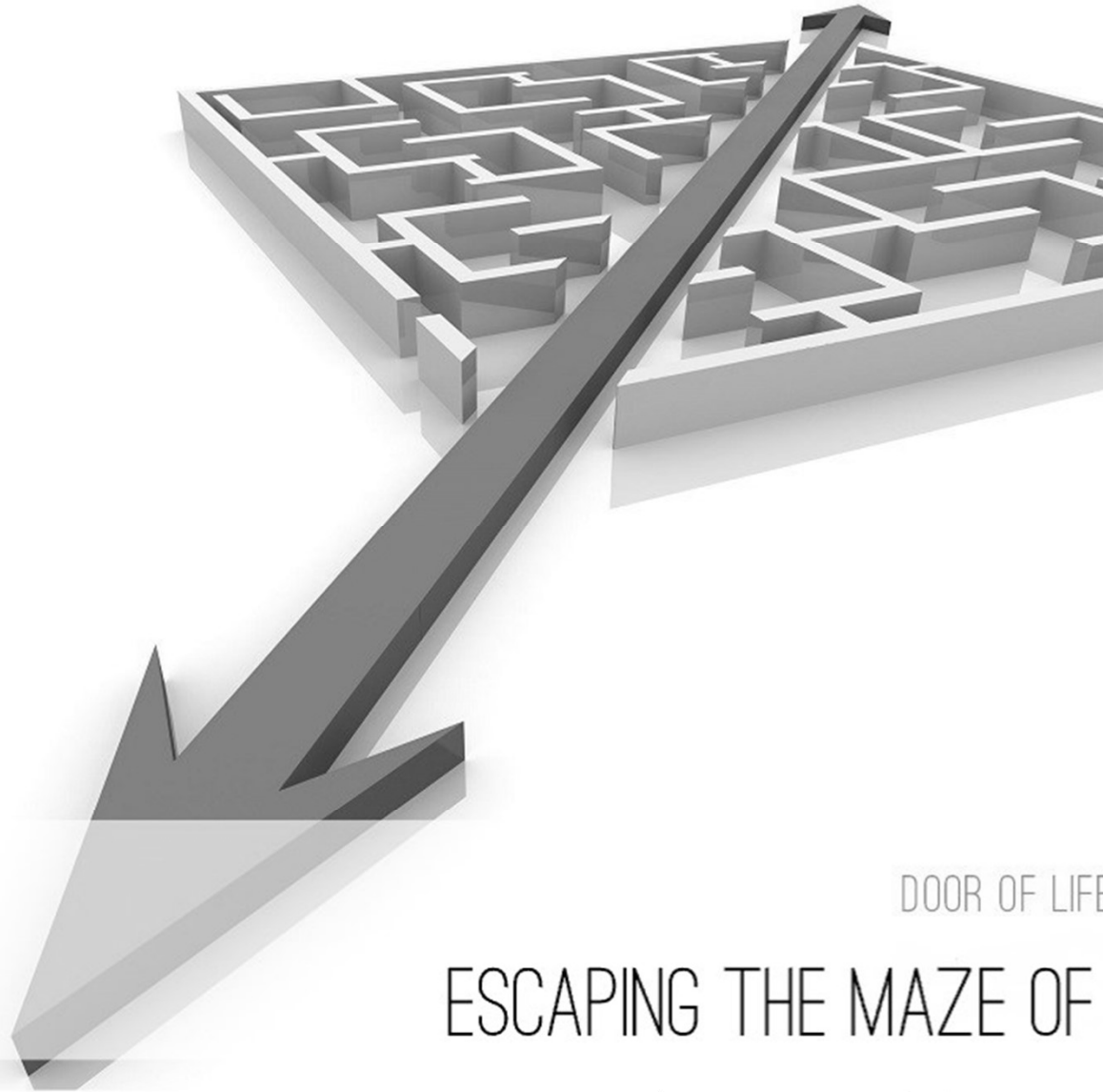
**20 And: If your enemy is hungry, buy him lunch!
Win him over with kindness.**

**For your surprising generosity will awaken his conscience,
and God will reward you with favor.**

21 Never let evil defeat you, but defeat evil with good. [TPT]

Escaping The Maze of Self-Pity

- **The Inward Spiral**
- **The Straight Path Out**



DOOR OF LIFE SUNDAY SERVICE

ESCAPING THE MAZE OF SELF-PITY

The End

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